



FROM VALUE TO LEGACY

The Freedom Audit™

Discover where you stand. Reclaim your energy. Redefine your success.

By Gerdi Hulsink

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Part of the Integral Growth System™ – Personal, Business & Financial Leadership

You don't need to do more. You need to align what matters.

Most women leaders are already successful. Yet many feel something's missing clarity, energy or freedom.

Success built on performance often becomes a golden cage.

Legacy begins when you shift from chasing validation to creating alignment between your life, leadership, and legacy.

This Freedom Audit™ helps you:

- Identify where your growth energy leaks.
- Reconnect to what truly drives you.
- Define your next step toward integral success and freedom.



"You cannot maximize your Leadership without mastering your Life. You cannot build a Legacy without both."

Where do you stand right now?

Score yourself from 0–5 per pillar (0 = out of balance, 5 = in full flow)



Personal Leadership

Score: 0–5

Where do I lose energy or direction?

Where do I crave more peace or fulfillment?



Business Leadership

Score: 0–5

Where is my greatest untapped potential for impact?

What would make my work more meaningful?



Financial Leadership

Score: 0–5

Where do I feel dependent or limited?

What would true financial peace mean to me?

The 3-Step Strategy for Transformation

Every transformation begins with clarity and ends with choice.

1 Re-Set

Clarity

What do I need to release to create space?

What truth have I ignored for too long?

2 Re-Design

Strategy

What do I consciously want to create in the next 12 months?

What strategy, partnership, or investment supports that?

3 Re-Build

Freedom

What is my next concrete decision or action?

What becomes my new standard for freedom?

Re-Set

Clarity



Re-Design

Strategy



Re-Build

Freedom

Simplify. Strengthen. Scale.

Design your personal Freedom Code™

Simplify

What do I let go of?

Write up to 3 points

Strengthen

What do I build?

Write up to 3 points

Scale

What multiplies my impact?

Write up to 3 points

Reflection Question

"What am I uniquely positioned to give the world that I refuse to compromise on?"

What I've learned after two decades in Leadership



Lesson 1 – Personal Leadership

Energy is your greatest currency. Don't spend it on proving your worth. Invest it in designing a life that sustains you.

Lesson 2 – Business Leadership

Impact isn't about doing more. It's about focusing on the right value — what only you can bring to the table.



Lesson 3 – Financial Leadership

Freedom is built, not found. Shift from consuming to investing — in assets that create long-term independence.

The Art of Intelligence

Health, Wealth & Freedom align when you choose wisely.

Don't just audit your freedom. Activate it.

If this Freedom Audit brought clarity, your next step is to turn insight into strategy. You don't need another checklist.

You need a strategic partner who helps you build the system behind your success.



Book your Strategic Legacy Session

A private 1:1 session to identify which pillar limits your growth and design your roadmap to integral success and freedom.



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Join the ELLLE Network

Where visionary women co-create wealth, impact and freedom together.



www.gerdihulsink.nl/ellle

About Gerdi Hulsink

Strategic Business Partner for visionary women leaders, professionals and entrepreneurs. I help women grow on three levels - personal, business, and financial - through integral strategies that create sustainable energy, impact, and freedom.

The Empowered Letters

Receive weekly strategic insights and leadership reflections.

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"Turning your value into impact, profit, and freedom."